

PK LB W-Vlaanderen: Session: 2: COACH Evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 13:00 until 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Maene Stefaan HEADCOACH

Coaches: Vandecandelaere Ann

Coaches: Vanpoucke Liesbeth

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 12: 100M FREESTYLE WOMEN 11+ Heat:2, starttime: 14:15

Heat: 2/13 Lane : 6 Athlete: DEVOLDER ALICE Q-time: 01:28:21

PB (50m pool): no time PB (25m pool): 01:28.21 SB: no time

	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+ Heat:4, starttime: 14:20

Heat: 4/13 Lane : 7 Athlete: VAN HULLE ENID Q-time: 01:19:82

PB (50m pool): no time PB (25m pool): 01:19.82 SB: no time

	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+ Heat:5, starttime: 14:22

Heat: 5/13 Lane : 3 Athlete: VAN TIEGHEM SUZAN Q-time: 01:18:17

PB (50m pool): no time PB (25m pool): 01:18.17 SB: no time

	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH Evaluation sheet for TEAM: BZK

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:5, starttime: 14:22	
Heat: 5/13 Lane : 8 Athlete: BEAUPREZ ELOISE		Q-time: 01:18:55	
PB (50m pool): no time		PB (25m pool): 01:18.55 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:6, starttime: 14:24	
Heat: 6/13 Lane : 0 Athlete: LOCCUFIER FLEUR		Q-time: 01:17:03	
PB (50m pool): no time		PB (25m pool): 01:17.03 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:7, starttime: 14:25	
Heat: 7/13 Lane : 7 Athlete: CALLEWAERT ANTHE		Q-time: 01:13:07	
PB (50m pool): no time		PB (25m pool): 01:13.07 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:8, starttime: 14:27	
Heat: 8/13 Lane : 1 Athlete: VINTER LOUISE		Q-time: 01:11:70	
PB (50m pool): no time		PB (25m pool): 01:11.70 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

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Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:8, starttime: 14:27	
Heat: 8/13 Lane : 5 Athlete: BITU MARIE		Q-time: 01:09:85	
PB (50m pool): 01:09.85 Antwerpen 13/07/2025		PB (25m pool): 01:08.52 SB: no time	
	50 M	100 M	
PB	00:34.56	01:09.85	
	00:34.56	00:35.29	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:9, starttime: 14:29	
Heat: 9/13 Lane : 2 Athlete: KIELB KORNELIA		Q-time: 01:08:31	
PB (50m pool): 01:15.43 Antwerpen 13/07/2025		PB (25m pool): 01:08.31 SB: no time	
	50 M	100 M	
PB	00:36.44	01:15.43	
	00:36.44	00:38.99	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:10, starttime: 14:31	
Heat: 10/13 Lane : 9 Athlete: HAUTEKIET NANOE		Q-time: 01:06:60	
PB (50m pool): 01:06.60 Antwerp 26/01/2025		PB (25m pool): 01:03.86 SB: no time	
	50 M	100 M	
PB	00:31.61	01:06.60	
	00:31.61	00:34.99	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:12, starttime: 14:35	
Heat: 12/13 Lane : 0 Athlete: VANPOUCKE HANNE		Q-time: 01:03:49	
PB (50m pool): 01:06.18 Antwerp 02/02/2025		PB (25m pool): 01:03.49 SB: no time	
	50 M	100 M	
PB	00:31.75	01:06.18	
	00:31.75	00:34.43	
	

Coach feedback:

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Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:12, starttime: 14:35	
Heat: 12/13 Lane : 7 Athlete: DEWITTE ELISE		Q-time: 01:02:92	
PB (50m pool): 01:08.51 Antwerpen 20/07/2025		PB (25m pool): 01:02.92 SB: no time	
	50 M	100 M	
PB	00:32.43	01:08.51	
	00:32.43	00:36.08	
	

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+		Heat:12, starttime: 14:35	
Heat: 12/13 Lane : 9 Athlete: VAN BARNEVELD KAAAT		Q-time: 01:03:51	
PB (50m pool): 01:04.41 Antwerpen 13/07/2025		PB (25m pool): 01:03.51 SB: no time	
	50 M	100 M	
PB	00:31.45	01:04.41	
	00:31.45	00:32.96	
	

Coach feedback:

Event number: 13: 100M FREESTYLE MEN 13+		Heat:1, starttime: 14:38	
Heat: 1/11 Lane : 2 Athlete: MICHELS LOUIS		Q-time: 01:17:22	
PB (50m pool): 01:20.66 Antwerpen 13/07/2025		PB (25m pool): 01:17.22 SB: no time	
	50 M	100 M	
PB	00:38.94	01:20.66	
	00:38.94	00:41.72	
	

Coach feedback:

Event number: 14: 50M BREASTSTROKE WOMEN 13+		Heat:3, starttime: 15:01	
Heat: 3/3 Lane : 1 Athlete: ANDRIES FEBE		Q-time: 00:37:92	
PB (50m pool): 00:37.92 Alkmaar 01/06/2025		PB (25m pool): 00:37.22 SB: no time	
	50 M		
PB	00:37.92		
	00:37.92		
		

Coach feedback:

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Event number: 15: 50M BREASTSTROKE MEN 13+		Heat:3, starttime: 15:05
Heat: 3/4 Lane : 1 Athlete: CALLEWAERT EBEN		Q-time: 00:39:41
PB (50m pool): 00:41.18 Brugge 23/02/2025		PB (25m pool): 00:39.41 SB: no time
	50 M	
PB	00:41.18	
	00:41.18	
	

Coach feedback:

Event number: 16: 100M BACKSTROKE WOMEN 11-12		Heat:1, starttime: 15:08	
Heat: 1/5 Lane : 6 Athlete: DEVOLDER ALICE		Q-time: 99:99:99	
PB (50m pool): no time		PB (25m pool): no time SB: no time	
	50 M	100 M	
PB	no time	no time	
	no time		
	

Coach feedback:

Event number: 16: 100M BACKSTROKE WOMEN 11-12		Heat:2, starttime: 15:11	
Heat: 2/5 Lane : 6 Athlete: VAN TIEGHEM SUZAN		Q-time: 01:36:59	
PB (50m pool): no time		PB (25m pool): 01:36.59 SB: no time	
	50 M	100 M	
PB	no time	no time	
	no time		
	

Coach feedback:

Event number: 16: 100M BACKSTROKE WOMEN 11-12		Heat:4, starttime: 15:17	
Heat: 4/5 Lane : 7 Athlete: LOCCUFIER FLEUR		Q-time: 01:28:35	
PB (50m pool): no time		PB (25m pool): 01:28.35 SB: no time	
	50 M	100 M	
PB	no time	no time	
	no time		
	

Coach feedback:

PK LB W-Vlaanderen: Session: 2: COACH Evaluation sheet for TEAM: BZK

Event number: 16: 100M BACKSTROKE WOMEN 11-12			Heat:5, starttime: 15:20
Heat: 5/5 Lane : 2 Athlete: CALLEWAERT ANTHE			Q-time: 01:23:03
PB (50m pool): no time		PB (25m pool): 01:23.03 SB: no time	
	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 16: 100M BACKSTROKE WOMEN 11-12			Heat:5, starttime: 15:20
Heat: 5/5 Lane : 4 Athlete: DEWITTE ELISE			Q-time: 01:14:55
PB (50m pool): 01:19.42 Antwerpen 20/07/2025		PB (25m pool): 01:14.55 SB: no time	
	50 M	100 M	
PB	00:38.16	01:19.42	
	<i>00:38.16</i>	<i>00:41.26</i>	
	

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+				Heat:2, starttime: 15:41
Heat: 2/6 Lane : 3 Athlete: BEAUPREZ ELOISE				Q-time: 03:03:32
PB (50m pool): 03:11.11 Kortrijk 26/12/2025		PB (25m pool): 03:03.32 SB: 03:11.11 Kortrijk 26/12/2025		
	50 M	100 M	150 M	200 M
PB	00:42.71	01:34.92	02:26.25	03:11.11
	<i>00:42.71</i>	<i>00:52.21</i>	<i>00:51.33</i>	<i>00:44.86</i>

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+				Heat:3, starttime: 15:45
Heat: 3/6 Lane : 8 Athlete: VINTER LOUISE				Q-time: 02:56:58
PB (50m pool): 02:56.58 Kortrijk 26/12/2025		PB (25m pool): 03:01.47 SB: 02:56.58 Kortrijk 26/12/2025		
	50 M	100 M	150 M	200 M
PB	00:42.41	01:27.65	02:17.71	02:56.58
	<i>00:42.41</i>	<i>00:45.24</i>	<i>00:50.06</i>	<i>00:38.87</i>

Coach feedback:

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Event number: 18: 200M MEDLEY WOMEN 13+					Heat:4, starttime: 15:48
Heat: 4/6 Lane : 1 Athlete: KIELB KORNELIA					Q-time: 02:47:32
PB (50m pool): 03:01.35 Antwerpen 13/07/2025			PB (25m pool): 02:47.32 SB: no time		
	50 M	100 M	150 M	200 M	
PB	00:38.08	01:26.79	02:20.05	03:01.35	
	00:38.08	00:48.71	00:53.26	00:41.30	
	

Coach feedback:

Event number: 18: 200M MEDLEY WOMEN 13+					Heat:5, starttime: 15:52
Heat: 5/6 Lane : 2 Athlete: HAUTEKIET NANOE					Q-time: 02:39:88
PB (50m pool): 02:39.88 Brugge 23/02/2025			PB (25m pool): 02:39.29 SB: no time		
	50 M	100 M	150 M	200 M	
PB	00:33.63	01:14.84	02:03.03	02:39.88	
	00:33.63	00:41.21	00:48.19	00:36.85	
	

Coach feedback:

Event number: 19: 4x100M FREESTYLE MEN 11+							Heat:1, starttime: 16:19	
Heat: 1/2 Lane : 6 Athlete: TEAM BZK 2							Q-time: 99:99:99	
PB (50m pool):		PB (25m pool):			SB:			
	50 M	100 M	150 M	200 M	250 M	300 M	350 M	400 M
PB								

Coach feedback: